



**Chikitsak Samuha's
Sir Sitaram and Lady Shantabai Patkar College of Arts and Science and
V. P. Varde College of Commerce and Economics**

S.V. Road, Goregaon (West), Mumbai - 400 062, Maharashtra(India)

AN AUTONOMOUS COLLEGE, University of Mumbai

ISO 9001:2015 Certified

'A+' Grade by NAAC 3rd cycle

Best College Award (2016-17)

DBT Star Scheme Awardee

India's Education Excellence Award 2018: Berkshire Media LLC, USA

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Date: 03.12.2021

NOTICE

YOGA AND WELL BEING

Students of S.Y.B.A./S.Y.B.Com./S.Y.B.Sc. are hereby informed that the session for Yoga and Well Being will be conducted online every Tuesday and Saturday between 4.00 p.m. and 6.00 p.m. commencing from December 07, 2021.

Attendance is compulsory.


Principal